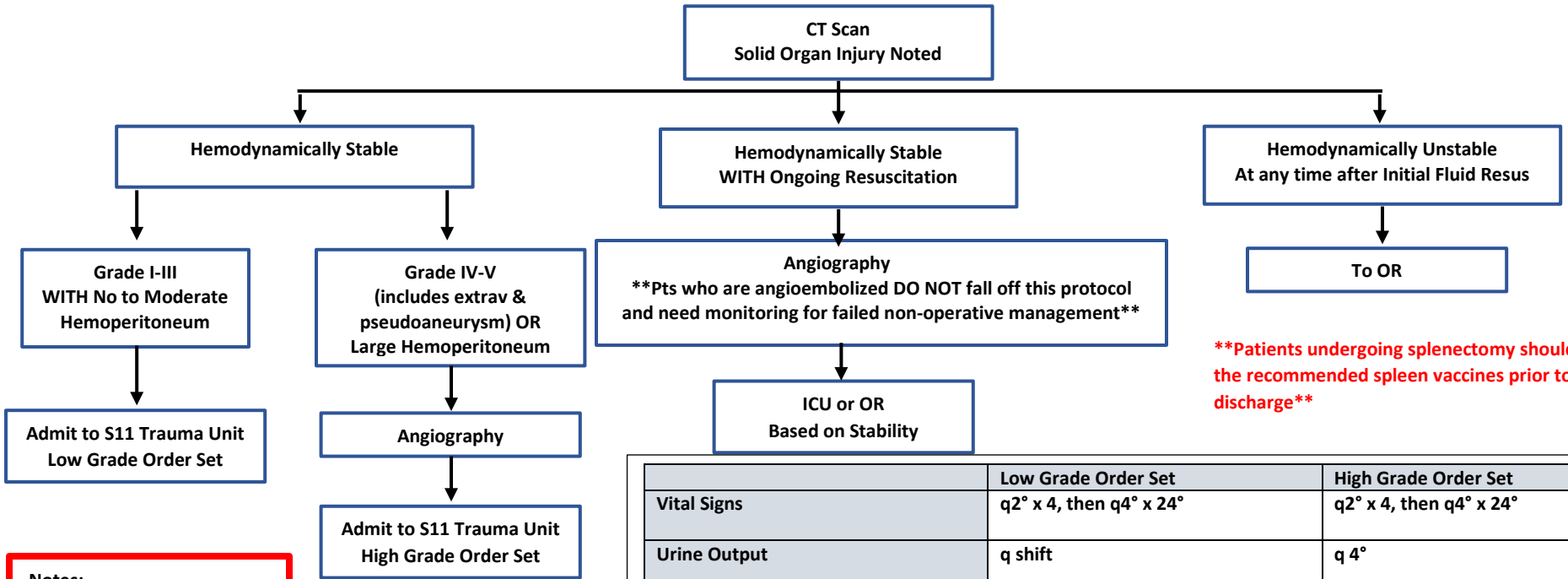


# Clinical Practice Guideline Solid Organ Injury Management Adult



**\*\*Patients undergoing splenectomy should receive the recommended spleen vaccines prior to discharge\*\***

**Notes:**

- No NPO
- No Activity Restriction
- No Serial Hgb
- No Repeat CT scan

**Discharge Instructions**

**Activity:**

- Nonvigorous, normal activity weeks 0-6
- Vigorous activity weeks 7-12
- High impact activity/sports after 12 weeks

Expect mild increase in abdominal pain 7-10 days after injury. Should return to baseline after 1-2 days.

**Call if:**

- New, unrelenting pain
- Frequent light-headedness
- Persistent pain after 2 weeks

	Low Grade Order Set	High Grade Order Set
Vital Signs	q2° x 4, then q4° x 24°	q2° x 4, then q4° x 24°
Urine Output	q shift	q 4°
IV Fluids	Maintenance rate	Maintenance rate
Diet	Regular	Regular
Lab	Hgb on admission and following day	Hgb on admission, 8 hrs after admission, then daily only at physician discretion
Serial Abdominal Exams	q4° x 3, and prior to discharge	q4°
Activity	Up ad lib	Up ad lib
Thresholds	Call MD for SBP <90, HR >120, significant change in abdominal exam	Call MD for SBP <90, HR >120, significant change in abdominal exam
Discharge Criteria	To home: Hemodynamically normal x 36°, no change in abdominal exam x36°	To floor: Normotensive with no tachycardia x 24°, average fluid requirements